

ENGLISH GUIDED

ZAZEN

MAY 18 (SAT)

SCHEDULE

AM 9:15 – 9:45 / Meeting at the reception desk

AM 10:00 – 11:00 / Zazen (instruction in English)

AM 11:15 – 12:00 / English guided tour of Sojiji

FURTHER INFORMATION:

<http://www.sojiji.jp/english>



Sōtō Zen Buddhism Sōjiji Head Monastery

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